



<http://www.gpa-cnhc.org/>
Greyhound Pets of America
Central New Hampshire Chapter

Director's Cut

Ken Wright: Director

This is shaping up to be another busy year. The phone is ringing off the hook with questions and potential adopters. This year we will need more foster homes than ever, and for folks to give one afternoon per month at our Monthly meet and greets at Petco's throughout NH. This can be a big or small commitment as you feel you can give.

With that said, I want to take this time to thank some board members who are moving on for their months and years of dedication to GPA, as well as welcome the new folks who have volunteered to take on these positions.

Linda Hestianna has been the Newsletter Editor for many years and has given it her own twist and look of professionalism. Her ability to get this publication completed with the great articles has been a labor of love and pride. Thank you, Linda. Rachel and Kevin McNamara are taking on the role of Newsletter Editors and I am sure with everyone's support that GPA's Greyhound Tails will continue to be the fun and informative publication that we all enjoy.

Julia Benfield, who has been with us for a little over a year has made a large contribution in her role as the Foster Home Coordinator. Her

untiring attention to detail and her ability to keep several balls in the air at a time sometimes just make my head spin. Thank you, Julia. Donna Hubbard is taking on the role on Julia's departure and I am certain that she too will do a great job.

Rob Benfield has worked behind the scenes with the website and has brought it to a new level. His ideas have played on the site and have opened new doors for us. Although as he says he will be just an email away, he will be missed. Elizabeth Cash is going to take over as the new webmaster and we look for-

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First Aid for Greyhounds

Julia Benfield, RN.

My dogs often come in from outside with scrapes and cuts, especially on their feet. This is normal as they don't have the cushion of fat that you and I do between skin and bone. My dogs play HARD, and I have been lucky to get away with a few nicks

and scrapes, but if you have something more than that, you should seek vet attention. You must use your best judgment. If a wound is deep enough that you can (or think you could) stick your finger in it, you should seek vet attention. This may not have to be

an emergent trip unless the bleeding can't be stopped or it is a large area. If you question what the treatment should be for any injury, your vet is the person to speak with. Sometimes they can even just give you some

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Start the Adoption Process!

- Visit our website www.gpa-cnhc.org
- View the available hounds
- Complete the online application
- Go to an Open House, held the first Sunday of each month
- Schedule a home visit with a volunteer
- Adopt a Hound
- Enjoy!

Rooooo Corner

Would you like to Roo about your greyhound? Email the editor with a picture and short note to newsletter_editor@gpa-cnhc.org

Eagle: Registered Therapy Dog

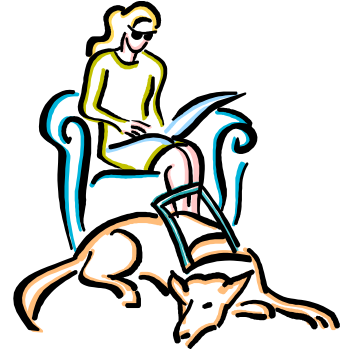
Lauren Emery: Yarmouth, ME

Eagle, who was adopted on May Day 2004, has not become a couch potato because he hasn't figured out how to jump up on the couch.

He is an enthusiastic ball player and enjoys chasing his two Dalmatians. He loves his new career as a registered therapy dog and makes weekly visits at Brentwood Rehab and Nursing Center in Yarmouth, Maine. As a tester/observer for Therapy Dogs Inc. Eagle is a testing dog to make sure applicant dogs are not

dog aggressive.

He gets excited to meet all the different breeds of dogs that come through the program from miniature Dachshunds to Bernese Mountain dogs. These dogs accompany him on his therapy visits to get their credentials. Eagle is always trying to get in the car to go off on an adventure.



Becky: Works with Homeless Teens

Rachel McNamara: Lowell, Ma

Becky goes to work with her mom, at a shelter for homeless and runaway teens, most days out of the week. She's a volunteer, and doesn't pull a pay check, unfortunately, but she gives enormously! Day in and day out Becky comes in morning and lays down on her mat in the office and waits for visitors. Throughout the day teens come through and visit with her on the floor. Sometimes they

have tough stories to tell and need to talk with the human staff, tearfully, while they pet Becky. Other times they are just happy to visit. She greets everyone calmly and gently. Social workers and visiting community members, alike, know Becky. She offers herself as a friendly ice breaker and a "breed ambassador!"

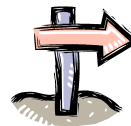
Cassie: Prima Donna Pet

Alberta Winsor: Billerica, MA

Cassie, a.k.a. Ms. Classy Girl, is living the life according to Alberta Winsor from Billerica, MA:

"[She] wakes up to kisses and hugs in the morning, kisses and hugs when the kids leave for school, plays with stuffies, gets lots of belly rubs, picks up the kids from school with Mom, takes walks around the neighborhood, gets more hugs and kisses when Dad comes

home from work, and has become a regular at meet and greets this month." She receives her spa treatment on the weekends, (nails clipped, ears cleaned, coat brushed and teeth brushed). Oh, and gets hugs and kisses goodnight. Who has time to sleep? Life is good for this sweet girl in the Winsor house! (Come visit Cassie at Meet 'n' Greet at Petco, Nashua, most second Sundays of the month; or catch her latest video on the forum at www.gpa-cnhc.org !)



DogFood: Good Enough to Eat? “No pulled punches” discussion of diet:

Courtesy of The Pet Pantry, Hopkinton, NH:
www.thepetpantrynh.com

Gimmicks: There are many coming out and I'm sure more to come. Let's take them in order. Large Breed Adult foods: **GIMMICK.** Your dog should already be full grown if feeding an adult food. Why do you need to feed a LB adult food? For the Glucosamine/Chondroitin in it? (See that entry below) I think Large Breed puppy foods are a good idea, but I feel the LB adult is a marketing gimmick. Most of them have more fillers in it. Pass this one by. Glucosamine/Chondroitin in a food. **GIMMICK.** The G/C levels in *most* foods aren't therapeutic. They don't help. They can't hurt, but certainly won't help. You're better off adding your own G/C. Dental/Teeth cleaning formulas: Mostly **GIMMICK.** Oh please! Dogs don't chew anyway. How can a food keep the teeth clean? If you eat a bunch of crackers are your teeth cleaner? Use common sense here and don't rely only on the food to keep your dog's teeth clean. The best thing for your dog's teeth is a raw bone. Lite/Diet formulas. **GIMMICK.** Do you want to totally ruin your dog's coat? Feed a lite or diet formula. They are filled with fillers. That's how they keep the fat and protein levels down. Instead of feeding a lite or diet formula, cut back on the regular formula and add Green Beans to the food. You can use canned, fresh or frozen. If you use canned, please try to get the sodium-free. If you can't get the sodium-free, then make sure you drain and rinse the beans thoroughly before giving them in your dog's food. Try a 1/2 can of beans per feeding to help cut back the dog's weight. Lastly, don't forget to **READ THE LABELS!** You can learn a lot about foods, by just reading the label. You don't need a masters degree in nutrition to understand what you're seeing. (continued on page 4)

For More Information Read our insert: "Dog Food Ingredients: The REAL Definitions"

What has Worked for Jenna's Hounds? (Product Review)

Jenna Skinner

In the winter, when ice and snow is sharp, paws tend to get cut up. We clean the area, and then treat cuts with "**Top Performance MediStyp Liquid Super Sealer**". Say that five times fast! It comes in 5 oz size for \$12.99 from PetEdge.com, with an applicator tip like super glue. It keeps them from getting infected, and from tracking blood all over your house. In the

summer, paws get dry and flaky. Bag balm or even Vaseline can help soften them up, and you might already have them in your house. Got a hound who hates having their nails trimmed? Get a Dremel grinding tool and put peanut butter on their nose! You can use the Dremel's other attachments for home repair later.

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peace of mind over the phone. For small wounds, you can rinse with half and half hydrogen peroxide and water and dry thoroughly. The ear syringe is great for spraying these kinds of wounds, giving a little more force to the solution to get any hidden dirt out. After drying, you can apply a thin coat of antibiotic ointment and cover with a tefla pad. Wrap this with vet wrap (you can buy it at your vet, and most pet suppliers) or the self adhering athletic bandage. Some places are really hard to bandage, so you just have to leave them open.

Tail Injuries

If it's a wound on a tail you may have experienced the unfortunate red shower when they wag a bleeding wound. We have found that a piece of gauze wrapped with a foam hair curler, secured with some bandage tape, works well. Tail wounds are REALLY hard to deal with at

times, but this seems to be the easiest way to contain the mess. Keeping them away from it is another issue! The small nicks and scraps all our greys get out in the yard or from each other usually heal well on their own. Again, if you have any questions or concerns about a wound of any size, contact your local vet.

Dog owners can treat minor injuries themselves, but sometimes are afraid to. Hopefully these quick tips will help with those types of situations and may save a vet trip or two!

Home First Aid Kit:

- Non-Adhesive Pads (Tefla)
- Triple Antibiotic Ointment
- Small Bottle of Hydrogen Peroxide
- 4X4 in. gauze sponges
- Ear Syringe (to clean wounds)
- Self Adhering athletic Bandage
- Vet Wrap
- Small Foam hair Curlers

(Dog Food: continued from page 3)

Some of the things to look for...

You want to see chicken, lamb, beef, (etc.) Meal as the first or second ingredient. Not plain old Meat Meal which can be anything including road kill, but Chicken Meal or if you prefer a Lamb based dog food, Lamb Meal. If you see Chicken or Lamb or Pork or Beef without the Meal after it, they're cheating you. Whole meat without the Meal is mostly water. So you want that chicken, beef, lamb Meal first or second. Most nutritionists prefer a chicken based diet as dogs tend to digest chicken better than lamb.

You may or may not see corn, or some type of corn product in the food. Corn is a protein source the dog food makers use to keep the price reasonable. Some dogs don't have any problems with corn, some do. You might see a dog start itching, licking its feet, scooting its butt, or getting ear infections. That's a pretty good indication the dog might not be tolerating the corn in the food.

Beware of wheat and soy in a food. They tend to be an irritant/allergen with dogs also.

There may be chemical preservatives listed on the label like Ethoxyquin, BHA, BHT or Propyl Gallate. You want the food preserved with mixed Tocopherols which is Vitamin E. **NOTE: (and this is VERY important to read):** A dog food company **DOES NOT** have to list a preservative that they themselves did not add. **Read that again:** A dog food company **DOES NOT** have to list a preservative that they themselves did not add. What that means is there still could be Ethoxyquin or other chemical preservatives in that dog food. As

AAFCO (The Association of American Feed Control Officials) sets guidelines and definitions for animal feed.

stated above, under Fish Meal, US Coast Guard regulations state that any fish meal must be preserved with Ethoxyquin. This was news to us too until someone actually pointed out the regulation on the US Coast Guard site.

We have ethoxyquin in some human foods and its used also in animal feed. So that chicken that is used for your dog's food might very well have ethoxyquin in it.

RAW DIET (or BARF)

Some people prefer not to feed a commercial diet, but would rather feed a raw diet which is sometimes called BARF (Bones and Raw Food). You really need to read up on feeding raw before you decide to do it though.

For More Information
Read our insert: "Dog Food Ingredients: The REAL Definitions"

(Director's Dialogue: Continued from page 1)

ward to her contributions.

As mentioned, Donna Hubbard is moving over to Foster Coordinator, so Jenna Skinner will be taking over as the new Treasurer. She will continue to work to complete our continued efforts to get computerized.

I want to say thank you to these folks for there time. You have all made a difference and hope that you will look back at your time here as a good experience. I am sure we will meet in our travels. To the new folks, I say welcome aboard. I look forward to working with you in the next years.

Last, but not least, I want to thank all of the current board members that I haven't mentioned and to all the people that do many other jobs that you never hear about. Their names may not get mentioned but their roles in making this group tick are no less important than any other. You see, without our volunteers, GPA-CNHC would no longer function and our hounds would not have the "life changing" opportunities that they receive through our labor of love! Thank you from the bottom of my heart for your support, both past and future. Thank

Myth

- Large Breed Adult Foods or Glucosamine / Chondroitin supplemented food
- Dental Cleaning / Hygiene additives
- Lite/Diet Formulas

Reality

- Glucosamine supplemented foods are not therapeutic. Add your own supplements in meaningful doses.
- Invest in a dog toothbrush and toothpaste for your hound.
- Diet branded foods contain fillers that will ruin your animal's coat. Cut back on your regular food portions and add a 1/2 can of sodium-free Green Beans

you!

Upcoming Events- These events repeat Monthly!

- Open House in Warner, NH. Check our website for directions. Come to visit and meet nearly all of the hounds available for adoption!
- Meet & Greets: Volunteers bring their hounds and fosters to designated locations to provide the public with an opportunity to meet greys up-close. Come visit with our hounds, or bring your own grey! We love company! Check our calendar for a date and location that is convenient for you.
- Pet Adoption Day at the Pelham, NH First Congressional Hall, 11-2pm. This event is sponsored by Animal Rescue Network of New England, and is a fun day with lots of different breeds and species represented! Check www.arnne.org for directions and more information. Hope to see you there!

Monthly Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Petco Manchester Meet & Greet 11-3pm (Every 1st Sat.)
Open House every 1st Sunday Warner NH 1-3pm						Petco Salem, NH Meet & Greet 10-3pm (Every 2nd Sat.)
Petco Nashua Meet & Greet 11-3pm (Every 2nd Sun)						Petco Portsmouth, NH Meet & Greet, 11-3pm (Every 3rd Sat)
						Pelham Adoption Days 4th Sat. of each month 11-2pm
Petco Concord, NH Meet & Greet 11-3pm (Every LAST sun. of each month)						



The Good Smellin' Kitchen

With natural and human grade food becoming such a hot topic you'll find baking and cooking for your hounds rewarding and a great activity for kids! How satisfying to feed such a greyful customer! Enjoy the following easy start recipe and watch for more to come!

Big Boy Breakfast Bars

This is easy and makes a lot; just throw everything into the bowl, mix & pat onto 2 greased cookie sheets, no rolling or cookie cutters.

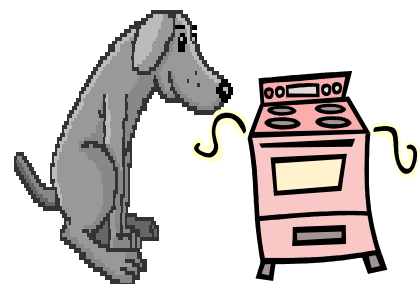
- 12 c. oatmeal
- 4 c. whole wheat flour
- 8 eggs
- 3/4 c. oil
- 2/3 c. honey

- 1/2 c. molasses
- 2 c. milk
- 1 large can solid pack pumpkin (optional)
- 3 to 4 mashed bananas (optional)

Preheat oven to 325. Grease 2 cookie sheets. Dump everything into a **VERY large** bowl. Mix together. Hands might be easiest. Pat onto greased cookie sheets & bake at 325 for 1 hour. Turn oven off, crack oven door & allow cookies to cool in oven. Break into whatever size you want.

Freezes really well. Hounds will sit waiting in front of the oven!

Foster Homes Needed! We can work around your needs, even if you can foster just a few times per year. You will offer a hound the opportunity of a life time! Check out our website for more information, www.gpa-cnhc.org, and be a hero to a hound.



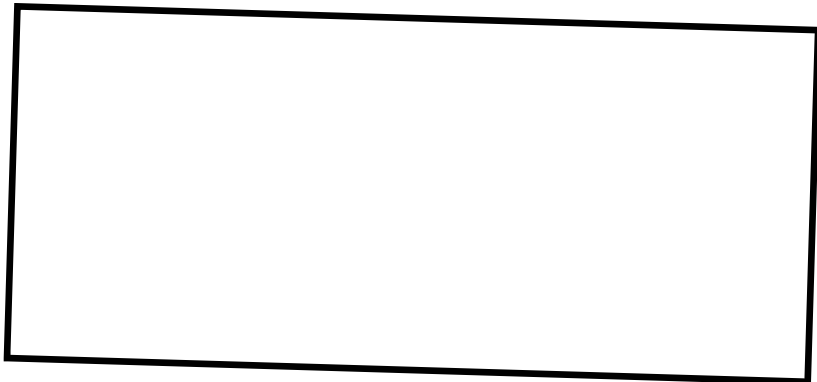
**Greyhound Pets
of America**

Central New Hampshire
Chapter
P.O. Box 778

Phone: 888-507-9597

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We're on the Web!
<http://www.gpa-cnhc.org>



I Want to Lend a Hand (and receive a tax deduction at the same time!)

We are 501-c3, Non Profit Organization and all donations are tax deductible. Our human staff is made up fully of volunteers, and your support goes directly to the care and "forever home" placement of all of our beautiful hounds. Please indicate, to the right, and mail this form with your generous donation check to:

GPA-CNHC

P.O. Box 778

Concord, NH 03302

Or Go to our website and make your donation through the online

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